

YOUTH MENTAL HEALTH FIRST AID TRAINING



Friday February 2, 2024 9:00am- 4:30pm

Friday March 1, 2024 9:00am-4:30pm

Friday April 5, 2024 9:00am-4:30pm

Must attend full class to receive certification
Light refreshments and lunch provided

Participants will learn :

- ✓ Risk factors and warning signs of mental health challenges common among youth and adolescents
- ✓ How to develop action to help youth and adolescents with signs of mental health problem or crisis
- ✓ Inform youth, adolescents and their families of local supports available within the community
- ✓ If you are a parent, teacher, coach or a youth service provider we strongly encourage you to attend this training

Only Limited Seats Available!



Location:

The Salud
3039 East 91st Street
Chicago, IL 60617

For More Info:

Contact Program Manager Tiarra Owens at
Tiarrao@claretianassociates.org or (773) 734-9181 ex 2030