

South Chicago Neighborhood
Network

Youth TRAINING

MENTAL HEALTH FIRST AID

MARCH 25TH
9:00AM UNTIL 4:30PM

METROPOLITAN FAMILY SERVICES

3062 East 91st Street
Chicago, IL 60617

PARTICIPANTS WILL LEARN:

- ✓ **RISK FACTORS AND WARNING SIGNS OF MENTAL HEALTH CHALLENGES COMMON AMONG YOUTH AND ADOLESCENTS**
- ✓ **INFORM YOUTH, ADOLESCENTS AND THEIR FAMILIES OF LOCAL SUPPORTS AVAILABLE WITHIN THE COMMUNITY**
- ✓ **HOW TO DEVELOP ACTION PLAN TO HELP YOUTH AND ADOLESCENTS WITH SIGNS OF MENTAL HEALTH ISSUES**
- ✓ **IF YOU ARE A PARENT, TEACHER, COACH OR YOUTH SERVICE PROVIDER WE STRONGLY ENCOURAGE YOU ATTEND THIS TRAINING**



FOR MORE INFORMATION ABOUT THIS WORKSHOP PLEASE CONTACT PROGRAM MANAGER TIARRA OWENS AT TIARRAO@CLARETIANASSOCIATES.ORG OR BY PHONE AT 773-734-9181 EX 2030



CLARETIAN ASSOCIATES
Building Community in South Chicago



Advocate Health Care
Now part of **ADVOCATEHEALTH**

United Way of Metro Chicago

